

# Parish Press

Sunday March 8, 2026

**Third Sunday in Lent**

## Sentence

*'The water that I will give,' says the Lord, 'will become in you a spring of water welling up to eternal life.'* John 4.14

## Prayer of the Day

O God, the fountain of life,  
to a humanity parched with thirst  
you offer the living water that springs from the Rock,  
our Saviour Jesus Christ:  
stir up within your people the gift of your Spirit,  
that we may profess our faith with freshness  
and announce with joy the wonder of your love.  
We ask this through our Lord Jesus Christ,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever. Amen.

## Readings

Exodus 17.1-7	Page (OT) 49
Psalms 95	Page (OT) 427
Romans 5.1-11	Page 118
John 4.5-42	Page 72

## Today's services are

8am Holy Communion

9.30am Sung Holy Communion Service followed by morning tea

This week we pray for all who live in David St, Surrey Hills

**Welcome to Fr Alasdair MacKinnon-Love who is taking the services today whilst Mark is at the Australian Grand Prix**

## Mark's Reflection

### The Woman at the Well

(John 4:5–42)

At a well in the heat of the day, Jesus meets a Samaritan woman drawing water. It is an ordinary moment that becomes life-changing.

Jesus crosses boundaries to speak with her. He sees her fully — her story, her pain, her questions — and offers her something greater than water from the well: “living water” that becomes a spring of eternal life.

There is no condemnation in his voice. Only truth. Only grace.

The woman leaves her jar behind and runs back to her town, saying, “Come and see.” The one who came alone becomes the first witness to Christ in that place.

This story reminds us that:

Jesus meets us in our ordinary routines.  
No one is beyond his grace.  
Those who encounter Christ are sent to share him.

Where might Christ meet you this week?

And who might be waiting to hear your invitation:

“Come and see.”

God bless.

Mark

### **Lent Studies**

This year we have two options for people to join us for our Lent Study, as we look together at ‘Walking in the Way of Love’.

Option 1 - following our Wednesday morning services.

Option 2 - Garry and Maureen Ireland have kindly offered to host us on a Tuesday evening starting at 7.30 pm. Please let me know if you would like to join us at the Irelands. Looking forward to seeing you at one of our studies

**NOTICES** -There will be no Lent Study this Tuesday night and no midweek service on Wednesday.

### **VALE**

Please join us in giving thanks to God for the lives of Bruce Murray and Paul Carver. May Paul and Bruce rest in peace and rise in glory.

**Paul Carver's Funeral will be at Holy Trinity on Wednesday March 11th at 11am (There will be no mid-week service).**

**Bruce Murray's Memorial Service will be at Carey Baptist Grammar on March 25th at 4.30pm.**

### **YOUTH GROUP**

Youth Group is back for 2026 with a bang on the 15th of March! The theme of the night is 'Let's Get Creative'. Join us for a great night of games and creativity!

### **Working Bee - Thursday March 26, at 11 am**

Can you spare an hour or two to help us clean the church? Easter is often a time for newcomers or irregular churchgoers to come to Holy Trinity. So help us show off our beautiful church with a good cleaning.

### **Food for Asylum Seekers**

At Holy Trinity, we are collecting food for the Migrant Resource Centre in partnership with the Surrey Hills Neighbourhood Centre. So this Lent, instead of giving up something, why not show an act of care and compassion and donate each week to our food collection?

Every bit helps, and our generosity reflects our faith and trust in Jesus

### **Parish Prayer List**

Helen Burston, Stephen Binns, Thelma Fiddymont, Bruce Knox, Helen Morris, John and Sally James, Edith Jenkins, Ann Constable, Gwen Jackson, Verna Hubert, Mark.

### **We remember**

We give you thanks for your servants in every age. Grant that we, with all your saints, may be brought to a joyful resurrection and the fulfilment of your kingdom. Selma Florence Barlow, Helen Delamaine Glascodine, Edna Agnes Eriksson.

## This Week at Holy Trinity

### **Wednesday**

No Wednesday Service

### **Thursday**

10am Parish Prayer Service  
7-10pm Choir Practice

### **Sunday**

8am Holy Communion  
9.30am Sung Holy  
Communion followed by  
morning tea  
**5pm Youth Group**

## Readings this week

Monday Luke 4.24-30  
Tuesday Matthew 18.21-35  
Wednesday Matthew 5.17-19  
Thursday Luke 11.14-23  
Friday Mark 12.28-34  
Saturday Luke 18.9-14

### **Sunday**

**1 Samuel 16.1-13**  
**Psalm 23**  
**Ephesians 5.8-14**  
**John 9.1-41**

## Direct Giving to Holy Trinity

To give directly to the Parish, via  
the Anglican Development Fund,

**BSB: 703-122.**

**Acct No: 0500 4680.**

Holy Trinity Surrey Hills.

Scan to access our website  
[holytrinity.sh](http://holytrinity.sh)



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