

# Parish Press

**Sunday February 1, 2026**  
**Fourth Sunday After Epiphany**

## **Sentence**

*“The fear of the Lord is the beginning of wisdom.” (Proverbs 9:10)*

## **Prayer of the Day**

O Lord,  
you have taught us  
that all our doings without love are worth nothing:  
send your Holy Spirit,  
and pour into our hearts that most excellent gift of love,  
the true bond of peace and of all virtues,  
without which whoever lives is counted dead before you;  
Grant this for your only Son Jesus Christ’s sake.  
Amen.

## **Readings**

|                       |               |
|-----------------------|---------------|
| Micah 6.1-8           | Page (OT) 672 |
| Psalm 15              | Page (OT) 385 |
| 1 Corinthians 1.18-31 | Page 127      |
| Matthew 5.1-12        | Page 3        |

## **Today's services are**

8am Holy Communion  
9.30am Family Communion Service followed by morning tea  
5pm Choral Evensong followed by wine and cheese

This week we pray for all who live in Beresford Street, Mont Albert

**Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. (James 1.2-3)**

**- A Christian Presence in Our Community since 1886 -**

# Mark's Reflection

## The Beatitudes and the Wisdom of God

In the Beatitudes, Jesus calls us into a way of life that is deeply challenging and quietly transformative. He blesses the poor in spirit, the meek, the merciful, those who hunger and thirst for righteousness, and those who work for peace. These are not the values most celebrated by our world, yet Jesus assures us that they lie at the very heart of God's kingdom.

The Beatitudes invite us to see life through God's eyes rather than our own. They ask us to loosen our grip on self-reliance and to trust more fully in the grace of God. This is where Scripture speaks of wisdom: "The fear of the Lord is the beginning of wisdom." This fear is not about terror or punishment, but about awe, reverence, and a deep respect for God's holiness. It is the recognition that God is God — and we are not.

When we live with this reverence, the Beatitudes begin to shape our hearts. We learn humility instead of pride, mercy instead of judgment, and faithfulness instead of fear. We discover that true blessing is found not in success or comfort, but in a life grounded in God's love and guided by His wisdom.

As we reflect on the Beatitudes, may we grow in the fear of the Lord — a reverent trust that leads us to live differently in the world. And may this wisdom draw us ever deeper into the life, peace, and joy of God's kingdom.

God bless

Mark

## **Women's Breakfast**

Thank you to everyone who attended the Women's Breakfast yesterday.

## **Choir presentation “Easter Messiah”**

The choir will be presenting a Lenten/Easter meditation entitled “Easter Messiah” on Palm Sunday evening March 29, in lieu of Evensong on Easter Day. It will consist of some choruses and arias from Handel’s Messiah relating to the Easter story and will last for about one hour. I would like to have a few more people in the choir for this presentation, especially sopranos and altos. If anyone is interested, please contact Richard, Director of Music.

## **Can you help?**

At Holy Trinity, our worship is central, and a key component of this is our Sanctuary Team. We are looking for some new Sanctuary helpers. We need a couple of new Crucifers, three or four new Servers. And people willing to be ushers for Holy Communion. Is this something you think you could help with? Training will be provided. If so please see Leonie or Mark

## **Market Volunteers needed**

Can you cook a sausage, plate up a scone or chat to customers? If not, good news we can train you! We would love your help in our market cafe or at the sausage sizzle. If you can spare a few hours please talk to Kaye for the cafe or Nigel for the sausage sizzle.

## **Parish Prayer List**

Helen Burston, Stephen Binns, William Stewart (Stu) Parry, Robyn Foskett, Thelma Fiddyment, Rachel Hayman, Bruce Knox, Helen Morris, John and Sally James, Edith Jenkins, Sue Hand, Ann Constable, Gwen Jackson, Verna Hubert, Hayden Daley, Joy Hayman, Mark, Paul Carver.

## **We remember**

We give you thanks for your servants in every age. Grant that we, with all your saints, may be brought to a joyful resurrection and the fulfilment of your kingdom. Thomas Rutzou, The Venerable George Lucas OAM, Patricia Burridge, Edgar Walker, Ray Tolmie, Stuart Biggin, Henry Jamieson.

## This Week at Holy Trinity

### **Tuesday**

9.30-12.30pm Office Hours

### **Wednesday**

10am Thanksgiving and  
Healing Service followed by  
morning tea

### **Thursday**

10am Prayer Service  
9.30-12.30pm Office Hours  
7.30-9.30pm Choir Practice

### **Sunday**

8am Holy Communion  
9.30am Sung Holy  
Communion Service and  
morning tea

## Readings this week

Monday Mark 5.1-20

Tuesday Mark 5.21-43

Wednesday Mark 6.1-6

Thursday Mark 6.7-13

Friday Mark 6.14-29

Saturday Mark 6.30-34

### **Sunday**

**Isaiah 58.1-9a (9b-12)**

**Psalm 112**

**1 Corinthians 2.1-13 (14-16)**

**Matthew 5.13-20**

## Direct Giving to Holy Trinity

To give directly to the Parish, via  
the Anglican Development Fund,  
**BSB: 703-122.**

**Acct No: 0500 4680.**

Holy Trinity Surrey Hills.

Scan to access our website  
[holytrinity.sh](http://holytrinity.sh)



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