

Parish Press

Sunday February 8, 2026

Fifth Sunday After Epiphany

Sentence

In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. Matthew 5.16

Prayer of the Day

Father of all,
who gave your only-begotten Son
to take upon himself the form of a servant
and to be obedient even to death on a cross:
give us the same mind that was in Christ Jesus,
that, sharing in his humility,
we may come to be with him in his glory;
where he lives and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.

Readings

Isaiah 58.1-9a (9b-12)	Page (OT) 533
Psalms 112	Page (OT) 437
1 Corinthians 2.1-13 (14-16)	Page 127
Matthew 5.13-20	Page 3

Today's services are

8am Holy Communion

9.30am Sung Holy Communion followed by morning tea

This week we pray for all who live on Riversdale Rd

The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged. (Deuteronomy 31.8)

Mark's Reflection

Being Salt and Light

In the opening chapter of Jesus' teaching in the Gospel of Matthew, he turns to ordinary images from everyday life: salt and light. Both are small things, easily overlooked—yet both are essential.

Salt works quietly. It preserves, brings out flavour, and stops decay. Jesus' words remind us that Christian faith is not meant to be loud or showy for its own sake, but faithful and steady. When the Church lives with integrity, compassion, and truth, it helps hold back what diminishes life and brings out what is good in our communities. When salt loses its taste, Jesus warns, it becomes useless—not because it is small, but because it no longer does what it was made to do.

Light, on the other hand, is visible. It does not exist for itself, but to help others see. Jesus tells his followers not to hide their light, but to let it shine so that others may see their good works and give glory to God. This is not a call to self-promotion, but to faithful witness—acts of kindness, justice, mercy, and hope that point beyond ourselves to God.

Together, salt and light remind us that discipleship is both quiet and courageous. In our homes, workplaces, schools, and neighbourhoods, God calls us to live in such a way that the world is preserved from harm and illuminated with hope. We do not create the light—that comes from Christ—but we are invited to reflect it.

As we go about the ordinary days ahead, may we ask: where is God calling us to bring flavour where life feels bland, and light where shadows remain? And may our lives, in small but faithful ways, draw others toward the goodness of God.

God bless
Mark

Thank you

Thank you to all who regularly contribute nonperishable food items in the basket in the Narthex. This year we will be forwarding these items to the Surrey Hills Neighbourhood Centre to be distributed to refugees within our community.

Surrey Hills Music Festival 28 Feb '26

A fun-filled day and night of free music in Union Road.

Holy Trinity are hosting six choral groups in the church from 1.00pm to 5.30pm and we need a few more volunteers to help supervise the movement of people in and out of the buildings. A sign- up sheet is in the Narthex. Thank you to those who have already offered.

Choir presentation "Easter Messiah"

The choir will be presenting a Lenten/Easter meditation entitled "Easter Messiah" on Palm Sunday evening March 29, in lieu of Evensong on Easter Day. It will consist of some choruses and arias from Handel's Messiah relating to the Easter story and will last for about one hour. I would like to have a few more people in the choir for this presentation, especially sopranos and altos. If anyone is interested, please contact Richard, Director of Music.

Market Volunteers needed

Can you cook a sausage, plate up a scone or chat to customers? If not, good news we can train you! We would love your help in our market cafe or at the sausage sizzle. If you can spare a few hours please talk to Kaye for the cafe or Nigel for the sausage sizzle.

Parish Prayer List

Helen Burston, Stephen Binns, William Stewart (Stu) Parry, Robyn Foskett, Thelma Fiddymont, Rachel Hayman, Bruce Knox, Helen Morris, John and Sally James, Edith Jenkins, Sue Hand, Ann Constable, Gwen Jackson, Verna Hubert, Hayden Daley, Joy Hayman, Mark, Paul Carver.

We remember

We give you thanks for your servants in every age. Grant that we, with all your saints, may be brought to a joyful resurrection and the fulfilment of your kingdom. Samuel Raju Hubert, Alton Jackson, Audrey May Teer, Shelton Harris Buultjens.

This Week at Holy Trinity

Tuesday

9.30-12.30pm Office Hours

Wednesday

10am Holy Communion
Service followed by
morning tea

Thursday

10am Prayer Service
9.30-12.30pm Office Hours
7.30-9.30pm Choir Practice

Sunday

8am Holy Communion
9.30am Sung Holy
Communion Service and
morning tea

Readings this week

Monday Mark 6.53-56
Tuesday Mark 7.1-13
Wednesday Mark 7.14-23
Thursday Mark 7.24-30
Friday Mark 7.31-37
Saturday Mark 8.1-10

Sunday

Exodus 24.12-18

Psalm 2

2 Peter 1.16-21

Matthew 17.1-9

Direct Giving to Holy Trinity

To give directly to the Parish, via
the Anglican Development Fund,

BSB: 703-122.

Acct No: 0500 4680.

Holy Trinity Surrey Hills.

Scan to access our website
holytrinity.sh



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